

**We have the highest standards in the industry to make sure YOU can GO HOME when the job is done.**

**For Course information contact:**  
**Lifeguard Systems**  
PO Box 594 Shokan, NY 12481  
845-657-5544 Fax 845-657-5549  
LGS@TeamLGS.com  
www.TeamLGS.com

**Course schedule:**

**Friday evening (1800-2200hrs):** Lecture & Land Drills, **Saturday (0800-1830 hrs):** Land drills, Lecture, In-water drills, **Sunday (0800-1700 hrs):** Staging and Water drills, Written Examination

Course cost: call for pricing  
Course fee includes Wall Certificate.  
Certification card available for \$25

**For Course registration & location details contact:**

**Adam Greco**  
**Athens Fire Department**  
**(518) 965-6587**  
**atg1972@yahoo.com**

## If you fall in are you 100% sure **YOU** can get out?

What does swiftwater really mean? We will debrief audiovisuals of actual incidents.

Awareness, Operation, and Technician jobs ◆  
Minimum Necessary Equipment & Personnel ◆  
How to calculate water speed in ft./min. to plan where to stage the operation ◆ Water Hydrodynamics ◆  
Swiftwater Throw Rope & Tag Line Procedures

Rapid Knot Tying ◆ Victim Entrapment Slash Weight Procedures ◆ Establishing **independent**-Victim- Positive-Buoyancy ◆ Swimming Skills ◆  
Low Angle Rigging basics ◆ In-water Swiftwater Self-Rescue Skills- Ferrying, Swimming, Catching Lines ◆

Rapid Planning & Staging ◆ Rapid Deployment of Positive Buoyancy and Sash Weights for Entrapped Victims ◆ Low Angle Rigging Vessel Deployment ◆ Rescue of a Moving Victim ◆ Patient Handling ◆  
Written Examination



## Why take a **Lifeguard Systems** Training Program?

**REAL LIFE TRAINING FOR REAL LIFE RESCUE & RECOVERY**

**THE SAFEST STANDARDS IN THE INDUSTRY - GUARANTEED!**

Leaders in the Water Rescue & Recovery Industry, Lifeguard Systems Instructors have been training fire, police, EMS, military, and USCG teams for over 30 years in over 15 countries.

They teach over 25 different programs with the highest training and procedure standards in the Industry - guaranteed. The mission: There's only one job you must do every time - go home.

All Lifeguard Systems courses provide realistic, dynamic hands-on training. No standing around watching demonstrations. They bring at least three instructors, plenty of gear, and a wealth of



# Is Your Team Fully Ready to Perform a Safe, Rapid Swiftwater Rescue?

Whitewater sports, floods, and accidents are on the rise, putting fire, police and EMS at possibly more risk than any other type of rescue. One mistake can lead to multiple rescuer fatalities in a matter of seconds.

**Can your team confidently and rapidly :**

- ◆ Read the water to plan staging locations to avoid missing the victims?
- ◆ Plant spotters with throw bags and set up low angle rigging to deploy a vessel?
- ◆ Establish victim positive buoyancy and use sash weights?
- ◆ Rapid z-system set-ups, technician deployment, and victim extrication
- ◆ Properly handle patients to prevent further injury & increase survival chances?
- ◆ Prevent costly equipment purchasing mistakes?

**If your location has the potential for flooding this course is a must!** You will learn how to perform safe and effective rescues from the time of the call till the patient arrives at the hospital.

**This is a course you cannot afford to miss!**

Athens Fire Department  
2 First Street  
Athens, NY 12015

To:

# Athens Fire Department

Presents

## LifeGuard Systems

# Swiftwater Rescue Level I

Certification Course

**May 5-7, 2017**

**Athens, New York**

**Meets and exceeds NFPA Water Rescue Standards**



**Real Life Training  
for Real Life Rescue**

